

WANTED

ONE MILLION RANDOM ACTS OF KINDNESS (RAKS)

BECOME A RAKER!

You what??

It started off as a bit of fun during a BBC Radio show, but RAKing has turned in to latest craze to sweep the world. "RAKing" is simply carrying out a Random Act of Kindness. You'll feel great for doing it, your recipient will love it, and everyone who reads about it will get a lovely warm fuzzy feeling.

Get RAKing by going to 4000saturdays.com/rak and:

- Download some "YOU'VE BEEN RAKed" Cards (Essential when carrying out your RAK)
- Read about RAKs already carried out and get inspiration for a RAK you can do.
- Inspire others and enter the RAKs you have done to count towards the 1 MILLION target.
- Print off some more flyers to spread the love!

4  **SATURDAYS.com**

WANTED

ONE MILLION RANDOM ACTS OF KINDNESS (RAKS)

BECOME A RAKER!

You what??

It started off as a bit of fun during a BBC Radio show, but RAKing has turned in to latest craze to sweep the world. "RAKing" is simply carrying out a Random Act of Kindness. You'll feel great for doing it, your recipient will love it, and everyone who reads about it will get a lovely warm fuzzy feeling.

Get RAKing by going to 4000saturdays.com/rak and:

- Download some "YOU'VE BEEN RAKed" Cards (Essential when carrying out your RAK)
- Read about RAKs already carried out and get inspiration for a RAK you can do.
- Inspire others and enter the RAKs you have done to count towards the 1 MILLION target.
- Print off some more flyers to spread the love!

4  **SATURDAYS.com**